



GRIEF, BEREAVEMENT & END-OF-LIFE DOULA SERVICES

DISCOVERY CALL

Free

A gentle 15–20 minute call to connect and explore whether this support feels right for you.

GUIDED GRIEF CEREMONY

\$180



A sacred, intentional ritual held in my home space.

We begin with candle-lighting, grounding, and a grief prayer or poem, then move into intuitive conversation and heart-centred practices. The ceremony closes with an oracle card for gentle wisdom.

Paid at time of booking. Gift vouchers available.

SUPPORT PACKAGES

\$500 or \$1000

Grief & Bereavement Companionship

Gentle, grounded support as you move through loss in your own way and time. Includes:

- Compassionate, steady presence
- Space to express or ease grief
- Holistic guidance or practices (if desired)
- Ritual elements woven intuitively
- In-studio or on-site sessions

End-of-Life Doula

Wishes, preferences and support for individuals and families from diagnosis, early planning or during the final chapter of life. Includes:

- Emotional support and companionship
- Gentle conversation and grounding
- Legacy or meaning-making activities
- Holistic comfort measures and guidance
- On-site visits

Choose a \$500 or \$1000 support package. Sessions are deducted at \$100/hour, with a \$1/km travel fee for on-site visits. 2-hour minimum on-site, 1-hour minimum in-studio. Valid 12 months, non-refundable.

If you're feeling overwhelmed, you don't need to understand everything today.
Just reach out — I'll guide you gently from here.

CONTACT ME

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here with heart • here with soul • here with you